



Henry Ford Jackson Hospital  
Emergency Medicine Residency  
Sports Medicine Track

## Goals

The Goal for the Sports Medicine Track is to provide the opportunity for enhanced instruction in the EM subspecialty of Primary Care Sports Medicine, including:

- To participate in and conduct sports medicine research that will improve the clinical care of our patients and/or educational advancement.
- Possess enhanced expertise in evaluation and management of musculoskeletal medicine and concussion; Including enhanced skills in joint injections, musculoskeletal ultrasound, Tenex, and casting/splinting.
- To extend service and leadership through engagement in activities within professional organizations/sports medicine societies.
- To participate in community engagement by supporting and working with the surrounding sports organizations in the greater Jackson area and beyond.

## Requirements/conditions

- Residents can enter the longitudinal sports medicine track as a PGY-2 or PGY-3.
- A resident who opts to participate in the track must not interfere with the ability of the resident to achieve the goals and objectives of the educational program, or fulfill his/her obligations to the training program.
  - Residents on concern status or probation may NOT engage in tracks.
  - Residents must obtain a score of the 50<sup>th</sup> percentile on the ITE in their PGY-2 year to be accepted and continue into the track. (Conditional acceptance)
  - Track involvement must be counted toward the ACGME duty hours limitations as defined by ACGME, and must not interfere with any residency responsibilities
- The track is for the duration of their residency. Failure to meet benchmarks will require additional clinical/didactic obligations to be imposed by the PD and may result in delayed matriculation.
- Upon completion of the sports medicine track the resident will get a certificate commemorating this achievement at graduation.
- The use of the resident's elective months should be devoted to sports medicine and/or research to work on research projects as required as a PGY2-4.
- The resident's attendance at a sports medicine-focused conference is encouraged
- On ER clinical months the resident will get 1 (one) shift deduction to allow them to spend time on their research duties or game coverage
  - Scheduling should be done in a way that allows adequate game coverage without compromising the emergency medicine requirements during these months

- At any time, at the discretion of the PD, if the resident is not fulfilling the requirements and duties of the research track or of clinical/residency duties, the resident will be withdrawn from the sports medicine track.
  - The requirements for each year of training (PGY specific) must be met by the resident. Failure to maintain progress may result in a need to make up time when transferring back to a non-longitudinal track.
- A total of 4 people will be accepted into the track at any given time with no more than 2 residents per PGY year accepted into the track.

## Benchmarks

### Required

- The resident will meet formally with a director of the program track quarterly to review track progress which includes quality improvement and research projects. This meeting must be documented and included in the resident's file.
- The resident will submit 1-2 abstracts per year for presentations at annual meetings (regional and national) in both the PGY-3 & PGY-4 years.
  - Abstracts do not have to be presented at these meetings
- The resident will participate in at least 50% of Sports medicine didactic sessions
  - 7a-8a morning didactics through HF Detroit.
  - Sports medicine journal club through HF Detroit.
  - Write and present sports medicine focused didactic lectures.
  - Participation in AMSSM online musculoskeletal ultrasound didactics.
- Complete at least 1 sports medicine elective in PGY-3 or PGY-4.
- Complete 1 orthopedic rotation.
- The resident will complete a research project prior to graduation.
- The resident will complete an US focused musculoskeletal or similar course.
- The resident will become a member of a national sports medicine committee/division (e.g. ACEP sports medicine section, AMSSM, AOASM, etc.)
- Coverage of Sporting events at the high school, college, and or professional level, as well as mass participation events when applicable. **\*\*see index\*\***

### Optional

- The resident's ACGME required research project should be focused towards a sports-medicine topic.
- Participate in a sports medicine conference(s).
- Completion of AMSSM online ECG interoperation module.
- Moonlighting at the orthopedic walk in clinic.
- Complete a healthcare delivery/quality improvement project with a sports medicine focus prior to graduation.

## **Contacts:**

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### **Program Administrator:**

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### **Coverage supervision:**

- For all highschool events, an attending must be available remotely for all questions and concerns.
- For all college or professional events, an attending must be present at the event.

### **Malpractice:**

- Coverage is based on the Henry Ford Allegiance sports medicine outreach program
    - The events sponsored and contracted with Henry Ford provide an extension of the malpractice insurance via Dr. Medellin.
  - Coverage outside of Michigan would require the resident to provide malpractice insurance for themselves
    - Unless the rotation is an addition to the permanent curriculum, malpractice insurance is required through the resident.
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